

Emergency preparedness checklist

Use our checklist to help you prepare for an emergency.

There are a variety of things you can do to make sure that you and your family are prepared for an emergency situation. Consider the following items and how many of them you can answer 'yes' to.

Activity	Tick/cross
We understand the risks that are posed	
We can survive without power or water for three days	
We have got alternative methods to get to work/school	
Our family knows what to do in an emergency	
We have an emergency grab bag for emergency situations	
Our home and its contents are adequately insured	
We know how to turn off the gas, water and electricity in our home	
We are able to stay in touch with our family	
It is clear what we would do if we had to evacuate our home	
We know who to contact in the event of an emergency	
We know our neighbours and who may need extra help	
We keep our important documents together in a safe place	